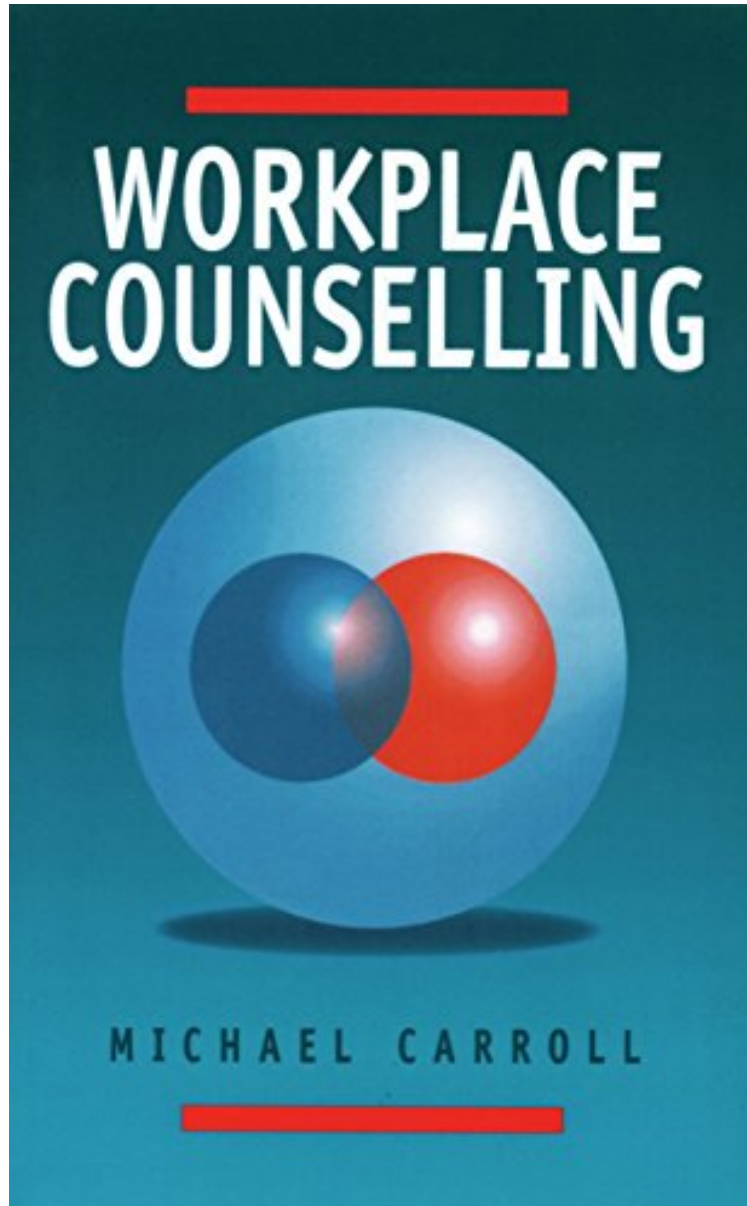


Workplace Counselling: A Systematic Approach to Employee Care

Michael Carroll

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"A clear, concise, easily accessible and thoroughly useful book... essential reading for anyone involved in the practice and delivery of an EAP into an organization. I would guess it is destined to become a core textbook. It is one I highly recommend" - *Self Society* A welcome addition... As someone who finds herself constantly discussing the scope, nature and breadth of counselling at work, I was heartened by Michael Carroll's outline of its many faces, which reflects the reality... In the best sense of the phrase, it is an easy read... what the book does very effectively is bring... knowledge and awareness together, and maybe help us to formulate and articulate our own responses to questions concerning workplace counselling more effectively... this book's greatest value is for those training as workplace counsellors, or people making the move into that role. 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This would inject a significant slice of reality into training' - *People Management* This practical book is very readable and will act as a prime source for workplace counsellors for some time to come... Carroll's great achievement is to bring together material which has so far been scattered and difficult to access... There is a capacity for clarity in this enterprise which is admirably exemplified in this book. This clarity is never confused with mindless enthusiasm or obstinate denial of the very real dilemmas... I recommend that all interested in this fastest growing area of counselling get hold of this book. It will soon be indispensable' - *Human Potential* The sections on the history and development of counselling... present some important and useful details... A section on setting up a workplace counselling scheme is sensible and straightforward, and raises most of the important questions for providers and purchasers alike... 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The Journal of Staff, Program, Organization Development - About the Author Michael Carroll, Ph.D. is a Chartered Counselling Psychologist. He is an accredited Executive Coach and an accredited Supervisor of Executive Coaches with APECS (Association for Professional Executive Coaches and Supervisors). Michael is Visiting Industrial Professor in the Graduate School of Education, University of Bristol and the winner of the 2001 British Psychological Society Award for Distinguished Contributions to Professional Psychology. Michael works with individuals, teams and organizations specializing in the theme of learning and wellbeing. He supervises, coaches and trains nationally and internationally and works within the private and public spheres. He runs the Centre for Supervision Training. He has trained in, written about and researched supervision for over 30 years, both supervising and being supervised. He has written, co-written and edited 10 books including the following: *Training Counselling Supervisors: Strategies, Methods, Techniques* (Edited with Elizabeth Holloway, Sage:1999); *Counselling Supervision in Context* (Edited with Elizabeth Holloway, Sage:1999), *The Handbook of Counselling in Organisations* (Edited with Michael Walton, Sage, 1997), *Counselling Supervision: Theory, Skills and Practice* (Sage, 1996); *Workplace Counselling* (Sage, 1996).