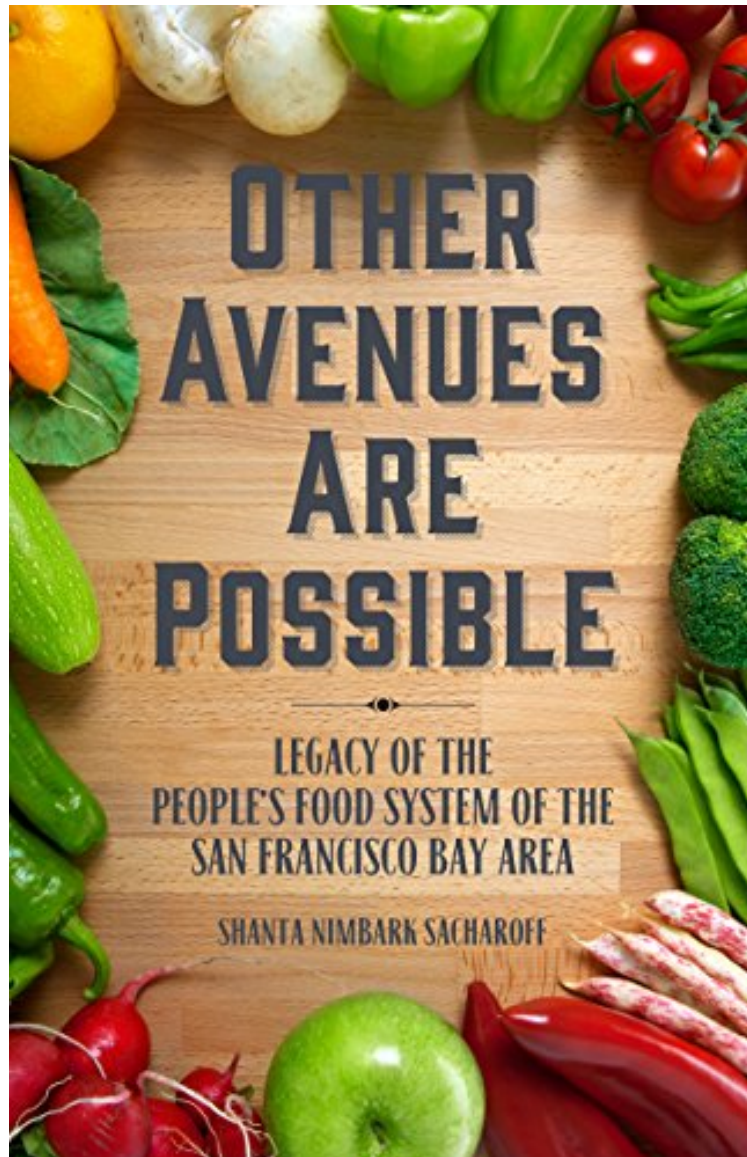


(Download) Other Avenues Are Possible: Legacy of the People's Food System of the San Francisco Bay Area

## Other Avenues Are Possible: Legacy of the People's Food System of the San Francisco Bay Area

*Shanta Nimbark Sacharoff*

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**Shanta Nimbark Sacharoff : Other Avenues Are Possible: Legacy of the People's Food System of the San Francisco Bay Area** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Other Avenues Are Possible: Legacy of the People's Food System of the San Francisco Bay Area:

Other Avenues Are Possible offers a vivid account of the dramatic rise and fall of the San Francisco People's Food System of the 1970s. Weaving new interviews, historical research, and the author's personal story as a longstanding co-op member, the book captures the excitement of a growing radical social movement along with the struggles, heartbreaking defeats, and eventual resurgence of today's thriving network of Bay Area cooperatives, the greatest concentration of co-ops anywhere in the country. Integral to the early natural foods movement, with a radical vision of "Food for People, Not for Profit," the People's Food System challenged agribusiness and supermarkets, and quickly grew into a powerful local network with nationwide influence before flaming out, often in dramatic fashion. Other Avenues Are Possible documents how food co-ops sprouted from grassroots organizations with a growing political awareness of global environmental dilapidation and unequal distribution of healthy foods to proactively serve their local communities. The book explores both the surviving businesses and a new network of support organizations that is currently expanding.

“In this book, Shanta Nimbark Sacharoff inspires us all by recounting how cooperation created other avenues for workers and consumers by developing a food system that not only promoted healthy food but wove within it practices that respect workers and the environment.” —E. Kim Coontz, executive director, California Center for Cooperative Development