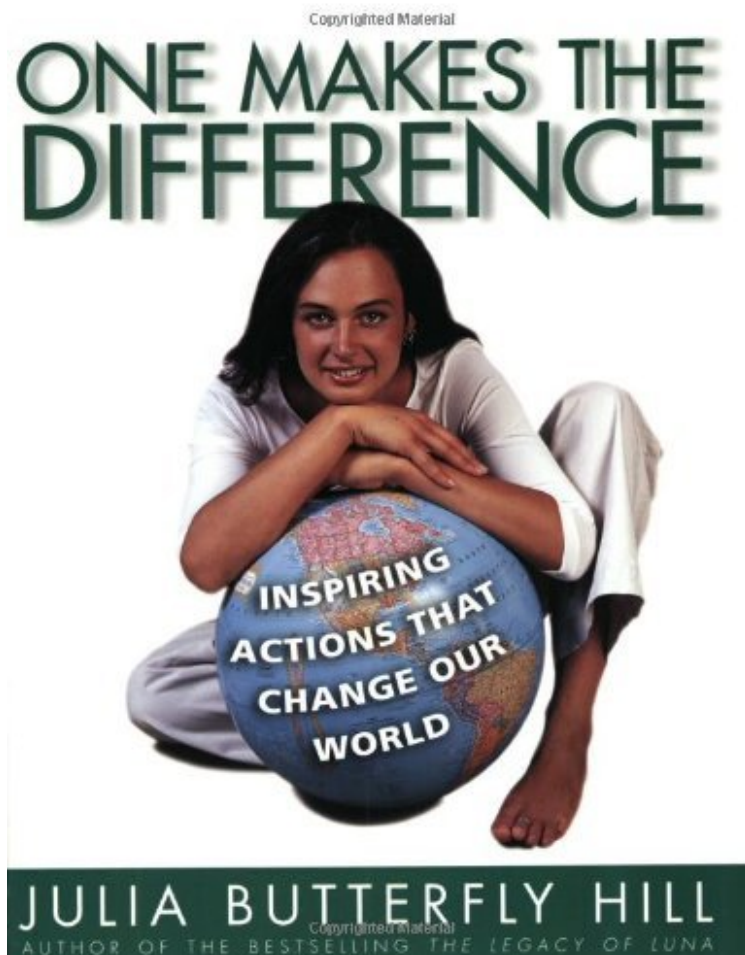


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One Makes the Difference: Inspiring Actions that Change our World

Julia Hill

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Julia Hill : One Makes the Difference: Inspiring Actions that Change our World before purchasing it in order to gage whether or not it would be worth my time, and all praised One Makes the Difference: Inspiring Actions that Change our World:

1 of 1 people found the following review helpful. Five StarsBy AnaI love this book, its so inspiring.3 of 3 people found the following review helpful. Environmental activism for beginners!By wildflowerboyWritten by the legendary environmental activist Julia Butterfly Hill, "One Makes the Difference" provides a wealth of useful information on how we can work, both individually and collectively, to restore our fragile biosphere. While some of the advise is commonsense (buy organic, recycle, ride a bike), there are many other less obvious hints on how we can minimize our impact on the planet. Whether one's interested in protecting endangered species, cleaning up the air, saving our oceans or stopping the deforesting of the tropics, there is much that readers will learn from this text. Furthermore, Hill's

simple writing style makes the book accessible for kids and adults alike. As such, I highly recommend this book for anyone interested in living a more sustainable lifestyle. 7 of 10 people found the following review helpful. The world could be a better place. By Melanie Maybe if there were more people like Julia Butterfly Hill, the world would be a better place. Since her heroic act of sitting a tree called Luna to prevent it from being cut down (along with many other giant sequoia trees), she has been an inspiration to many. This book is filled with the inspiring tales of people who are like Julia Hill, who do care and who have made a difference in our world. It also is packed with information on all sorts of environmental issues from water conservation to the clear-cutting of trees to the very positive effects of vegetarianism on the environment. It has lists of the things you can do in your everyday life to make a difference. It lets you know that even the smallest things do make a difference. This is a great book for budding activists, anyone seeking inspiration, as well as just for the curious.--Reviewed by Courtney Bronte

After her record-breaking two year tree sit, Julia Butterfly Hill has ceaselessly continued her efforts to promote sustainability and ecologically-minded ways to save the old-growth redwoods she acted so valiantly to protect. Here she provides her many young fans with what they yearn for most -- her advice on how to promote change and improve the health of the planet, distilled into an essential handbook. This book will be accessible to school-aged children, while accommodating the audience of parents and teachers who look to Julia as an example of how one person can "change the world." Packed with a variety of charts, diagrams, and interesting factoids, the book will be broken down into a series of steps and easy-to-follow lessons. It will be written broadly so as to accommodate all kinds of activism, though its core focus will be on environmental issues.

From Publishers Weekly Environmental activist and writer Hill, whose *The Legacy of Luna* recorded her attempt to save a redwood forest by living in a tree for two years, now offers practical tips for environmentally sound living. In short, punchy chapters, she suggests steps that readers of all ages can take to reduce waste and pollution. Using nontoxic household products for cleaning, organizing recycling programs and buying locally grown produce are just a few of the measures Hill recommends in this accessible guide. She also gives a crash course in nonviolent protesting and other forms of political action. Copyright 2002 Cahners Business Information, Inc. From Library Journal Though without formal environmental training, Hill has earned the right to her title; as she described in *The Legacy of Luna*, she endured a 738-day tree-sit in a successful defense of ancient redwoods. She is now back on terra firma, and her optimism and goals remain high. Covering such topics as recycling, air pollution, environmental justice, land use, and other topics, she presents brief background and statistics, motivating quotes, sidebars on individuals who took courageous action, "inspirational activities," "meditation," and lists of organizations. Regrettably, the treatment is uneven. Many suggestions are quite detailed (e.g., considerations when purchasing energy-efficient appliances or how to prepare a press release), while others are so unsupported that they appear unreasonable. Family planning, zero population growth, and adoption are all covered in two sentences. Hill admonishes readers to dispose of toxic chemicals properly but then adds, "if you don't have a place, start one." More substance and more advice are needed to make this book really effective. Potentially inspirational for young adults and largely worthwhile despite some shortcomings, this is recommended for public libraries and Hill's many fans. Nancy Moeckel, Miami Univ. Libs., Oxford, OH Copyright 2002 Cahners Business Information, Inc. From Booklist An inspiration to many in the environmental movement following her two-year stint atop a thousand-year-old redwood to protest old-growth logging, activist Hill's motivational message and methods come down to ground level as she eloquently advocates the power of an individual approach in the preservation and conservation of the earth's resources. Constantly asked, "But what can I do?" Hill effectively illustrates those simple acts that profoundly impact the environment yet are easily incorporated into daily routines. Profiles of equally passionate people--many of them school-age children--who translated their ecological awareness and outrage into concrete acts designed and destined to effect change stand as striking examples of how global issues can be addressed through the actions of just one person, regardless of age or background. Salient facts that surprise and educate combine with extensive lists of organizations and resources to make this an invaluable guide for anyone who wants to make the world a better place but doesn't know what to do or how to begin. Carol Haggas Copyright copy; American Library Association. All rights reserved