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Daylle Deanna Schwartz

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Daylle Deanna Schwartz : Nice Girls Can Finish First: Getting the Results You Want and the Respect You Deserve . . . While Still Being Liked before purchasing it in order to gage whether or not it would be worth my time, and all praised Nice Girls Can Finish First: Getting the Results You Want and the Respect You Deserve . . . While

Still Being Liked:

1 of 1 people found the following review helpful. it helped me on how to deal with toxic peopleBy Abeerthis book opened my eyes on many aspects. before i buy this book, i expected what i have read. as it promised, it delivered good information about how to deal with people who we allow them to hurt us. being polite is mistaken idea. i liked the part of not being polite in this book and how it was explained. ladies you must read this beek. good information provided for worker women. but i disagree with the part claiming to suppress anger.11 of 11 people found the following review helpful. Good ideas, but...By CustomerI like her ideas in general and the way some are re-framed in ways that can lead to positive change. For example, I liked the idea of thinking of exercise and diet as a way of taking control of your life. I never thought of weight loss as an aspect of an "I'm in charge" mindset, but I can see that being more effective than the usual self-defeating "I can/should/must", and most of the ideas here follow that same paradigm shift. So why 3 stars? Some ideas aren't new such as saying "no" when you really want to say "no." But I really had difficulty with her suggested comebacks for dealing with various situations such as problem personalities. The comebacks assume that the problem personality types are deliberately trying to annoy or are fully aware they're The Problem, and neither may be true. Most suggested comebacks came off - to me at least - as unnecessarily sarcastic, dismissive, insensitive, and for someone over 35, bordering on immature (and nothing like what I had in an assertiveness-training class). I wouldn't say these things myself, not because I'm some kind of doormat but because I don't see these as being helpful or a means to improving difficult relationships. (More like a fire-starter.) Twanging off a flippant "Thanks for the advice - I'll think about that the next time it comes up" to a know-it-all who might be intending to be helpful isn't exactly a bridge-builder to better communication and understanding. Overall, there's a lot of good ideas here for a wide variety of situations and the way you view and respond to them. But I'd be careful about the verbal responses you craft when managing these situations. "How to Say It," "How to Be An Assertive - Not Aggressive - Woman," or "Your Perfect Right" might be good resources for that.8 of 8 people found the following review helpful. HelpfulBy Priscilla OppenheimerThis book helped me. I'm a nice person, a peace-maker, people-pleaser, collaborative sort. But I also have very high standards and like things done right. So, I can also be a judgmental, perfectionistic, argumentative sort which surprises people who are used to my doormat persona. I get irritated with people who don't care or who are lazy. I don't like working with people who "posture" and don't really know as much as they pretend to or who optimize all their actions for how they will look rather than for achieving quality. I've had to learn how to tone down my negative comments to get the job done right. This book helped me learn how to still be nice and be liked even when having to corral people into doing the right thing when their inclination might be to get away with doing the easiest thing instead. I'm a recovering doormat who learned from this book how to talk softly and carry a big stick. Thank you, Daylle Deanna Schwartz!

Testimonials for Nice Girls Can Finish First In Nice Girls Can Finish First, Daylle Deanna Schwartz proves that women who are basically good-hearted can still be taken seriously in both their business and personal lives. In fact, when used properly, kindness and consideration can go further than selfishness and bitchiness. Good lessons to learn and live by. ~Nina Disesa, chairman of McCann Erickson New York and author of Seducing the Boys Club. "Never underestimate the power of a woman - especially a nice one. This book is a must read for today's world where, thankfully, nice is finally getting the respect it deserves. Mean is so last millennium. Nice Girls Can Finish First offers brilliant tools and savvy advice for making 'nice' work for you in business and in life. Nice girls do finish first and this is their 'how-to' manual." ~Linda Kaplan Thaler, CEO of The Kaplan Thaler Group and bestselling author of The Power of Nice. "Anybody can be a bitch. And effective as that might be in the short run, in the long run (and it is a long run) it'll bring you down. It takes a woman who's smart, strong and confident to assume the best from people and motivate them to deliver it. Daylle Deanna Schwartz shows you how to finish first - every time." ~Gail Blanke, Author, Throw Out Fifty Things, Clear the Clutter Find Your Life, life coach and motivator Daylle Deanna Schwartz provides many constructive techniques for being soft-spoken, friendly and considerate to others in ways that get satisfying results. This book is for women who are fundamentally nice, want to stay true to that and who also want to be taken seriously, earn respect and get their needs met. Terrie M. Williams, author of The Personal Touch: What You Really Need To Succeed in Today's Fast-Paced Business World THE NICE GIRL'S GUIDE TO GETTING AHEAD-WITHOUT GETTING MEAN Are you a "People Pleaser"? Do you put up with put-downs? Say yes when you're dying to say no? Sit down when you should be standing up for yourself? Congratulations, you're a nice girl. Nothing wrong with that-unless your need to be liked is holding you back from having the career, money, love, respect, and happiness you deserve. This step-by-step guide from a self-described former "doormat" shows you that you don't have to be a demanding diva or mean girl to get what you want. There's a "nicer" way to be assertive-in business and in life. Once you learn the secret, you can: Speak up-without shouting Say no-without sounding negative Be strong-without being aggressive Get respect-without getting tough Ask for anything you want-and get it! Filled with subtle conversational techniques and people-friendly pointers you can put to work immediately, Nice Girls Can Finish First is the perfect go-to guide for women who know they deserve more

out of life-but don't want to step on other people to get to the top. This book proves you can be strong, confident, powerful, successful-and nice too!

From the Back Cover: "First as a therapist and later as an executive coach, I've worked with a lot of 'nice girls.' Most were trying to find ways to succeed while staying true to themselves. I would have loved to give each and every one of them a copy of this book!" ~~Carol Kinsey Goman, Ph.D., author of *The Nonverbal Advantage: Secrets and Science of Body Language at Work* "Women who live their lives as doormats fear that they will be viewed as a BITCH if they learn how to say 'no' and set boundaries with others. So they keep their heads low and allow others to trample all over them. But with this book these women can finally learn how to effectively take charge of their lives and finish on top, while keeping their dignity in tact. Thanks Daylle for an awesome and inspiring read!" ~~Debra Mandel, Ph.D.: psychologist and author of several books including, *Don't Call Me a Drama Queen! The nice girl's guide to getting ahead-without getting mean* "Are you a 'People Pleaser'? Do you put up with put-downs? Say yes when you're dying to say no? Sit down when you should be standing up for yourself? Congratulations, you're a nice girl. Nothing wrong with that-unless your need to be liked is holding you back from having the career, money, love, respect, and happiness you deserve. This step-by-step guide from a self-described former 'doormat' shows you that you don't have to be a demanding diva or mean girl to get what you want. There's a 'nicer' way to be assertive-in business and in life. Once you learn the secret, you can: Speak up-without shouting Say no-without sounding negative Be strong-without being aggressive Get respect-without getting tough Ask for anything you want-and get it! Filled with subtle conversational techniques and people-friendly pointers you can put to work immediately, *Nice Girls Can Finish First* is the perfect go-to guide for women who know they deserve more out of life-but don't want to step on other people to get to the top. This book proves you can be strong, confident, powerful, successful-and nice too! Daylle Deanna Schwartz is a well-known author, blogger, speaker, and self-empowerment counselor with a master's degree in psychology. About the Author Daylle Deanna Schwartz is a well-known author, blogger, speaker, and self-empowerment counselor with a master's degree in psychology.