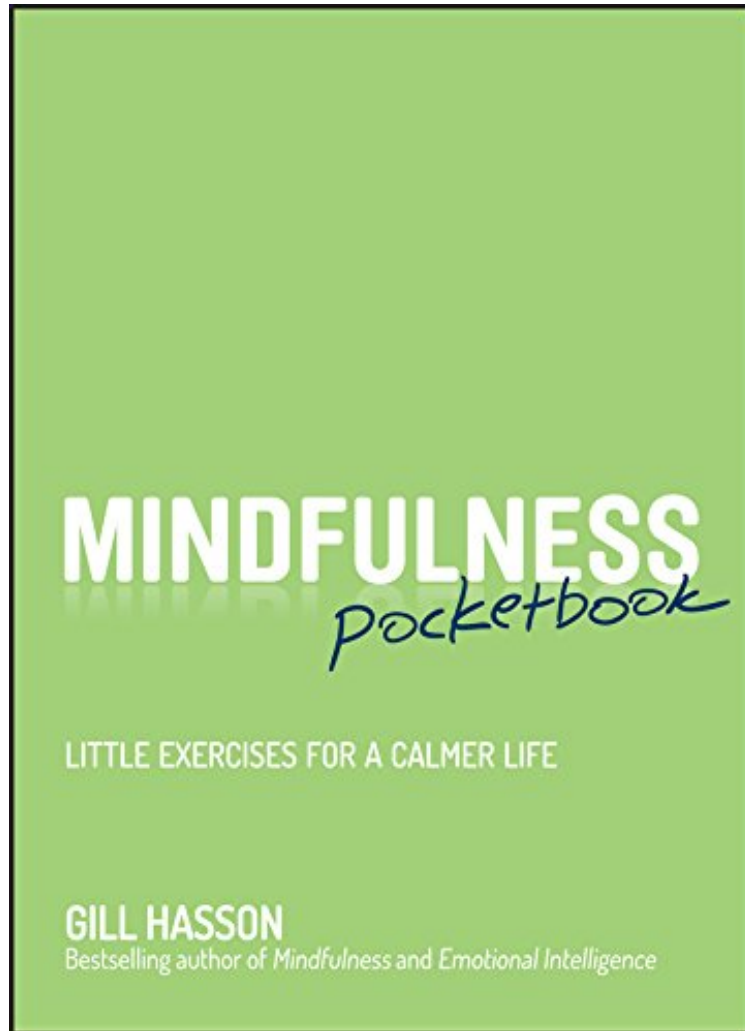


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Mindfulness Pocketbook: Little Exercises for a Calmer Life

Gill Hasson

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