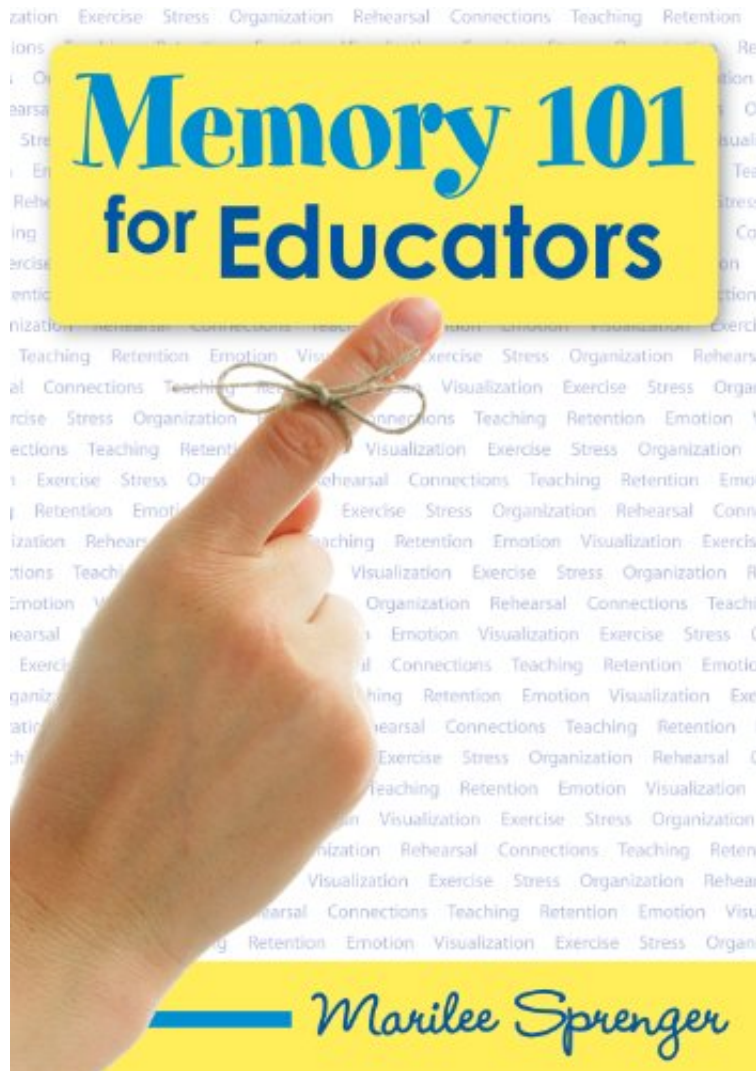


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## Memory 101 for Educators

*Marilee B. Sprenger*

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Uniquely entertaining and generously illustrated, this guide uses the latest research to strengthen your memory, train your brain, and help your students do the same.

"Practitioners can use the information easily and effectively. My goal as a teacher is to simplify learning. This book does that very well." (Carrie Jane Carpenter, Teacher 2005-11-16)"Provides excellent examples of

remembering a list, mind maps, webs, and other graphic organizers." (Linda Winburn, Teacher 2005-10-28)"Fresh and inventive.... the author's use of story provides a strong background for understanding important memory issues and strategies, and it also provides a rich context for further growth." (Steven Wyborne, Teacher 2005-02-09)"A `popular' book that will be helpful to educational practitioners as well as to other adults... Readable, academically accurate, and creative." (Burt Saxon, AP Psychology Teacher 2005-01-30) "Practitioners can use the information easily and effectively. My goal as a teacher is to simplify learning. This book does that very well." (Carrie Jane Carpenter, Teacher 2005-11-16)"Provides excellent examples of remembering a list, mind maps, webs, and other graphic organizers." (Linda Winburn, Teacher 2005-10-28)"Fresh and inventive.... the author's use of story provides a strong background for understanding important memory issues and strategies, and it also provides a rich context for further growth." (Steven Wyborne, Teacher 2005-02-09)"A `popular' book that will be helpful to educational practitioners as well as to other adults... Readable, academically accurate, and creative." (Burt Saxon, AP Psychology Teacher 2005-01-30)

About the Author  
Marilee Sprenger is an adjunct professor at Aurora University, where she teaches graduate courses on brain-based teaching, learning and memory, and differentiation. A creative and compassionate educator, she began her career teaching prekindergarten and kindergarten. She has also taught at the elementary, middle, and high school level. As an independent consultant, her passion is brain-based teaching and best practices using brain research and differentiation. She also consults in the areas of learning styles, using music in the classroom, teaming, multiple intelligences, emotional intelligence, and memory. As an educational consultant with Two Rivers Professional Development Center, she worked for the Illinois Regional Offices of Education in the area of staff development associated with learning standards and testing. She speaks internationally, and her interactive and engaging style allows participants to make connections with their classrooms and their students. She is affiliated with the American Academy of Neurology and is constantly updated on current research. Sprenger is the author of several books, including *Memory 101 for Educators* and *Becoming a Wiz at Brain-Based Teaching, Second Edition*, published by Corwin Press. She has contributed to textbooks, and her articles have appeared in publications such as *Educational Leadership* and the *ASCD Brain-based Education/Learning Styles Networker*. Her dedication to education has won her many awards, but she cherishes most the wonderful students and teachers whose lives have touched hers.