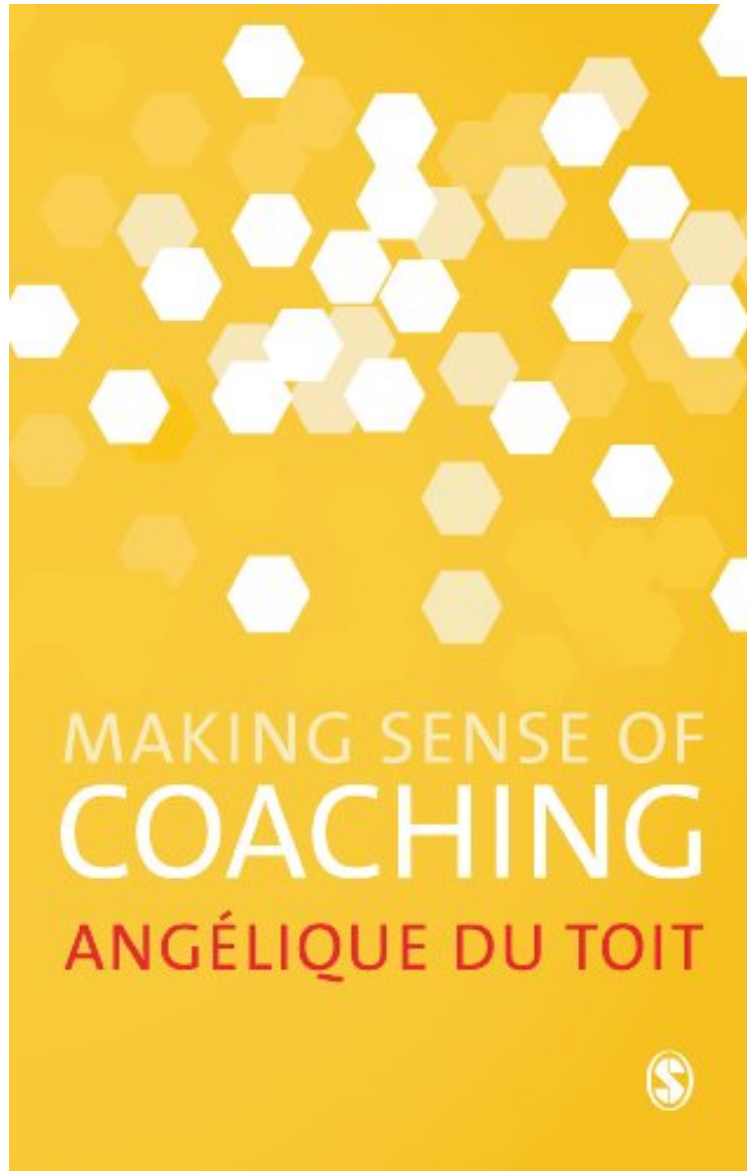


Making Sense of Coaching

Angelique Du Toit

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Angelique Du Toit : Making Sense of Coaching before purchasing it in order to gauge whether or not it would be worth my time, and all praised Making Sense of Coaching:

1 of 1 people found the following review helpful. Good Book on Coaching - Professor M.S.Rao By Professor M.S.Rao, International Leadership Guru and Author of 36 Books on Leadership It is a widely researched book containing lots of references, examples, illustrations, and anecdotes. It outlines in-depth knowledge on coaching with coaching jargon and vignettes. It is useful for researchers, scholars, practitioners, consultants, coaches and leaders. This book is worth

investing your time

In her latest book, *Angelique du Toit* goes beyond the techniques and goals explored in most coaching texts to examine the process of coaching and the importance of sense-making for creating meaning and encouraging self-reflection. In doing this, the coaching experience emerges as a type of transformational learning, in which the individual is guided through a journey of discovery and revelation. Theories are drawn together in a fresh and original way which will cause readers to question how coaching should be defined and practised. Dr Angelique du Toit is an academic practitioner and is involved in the delivery of academic programmes and publications related to coaching. She is also an Executive Coach supporting senior executives in their personal development in both the public and private sectors. Electronic inspection copies are available for instructors.

This book is both scholarly and accessible. The author does not flinch from addressing deep theory, and, at the same time, is grounded in well developed practice. This book is a steady launch pad for anyone wanting to move beyond techniques and models of coaching and enter into an exploration of the basis for practice. --David Megginson (09/26/2013) "A timely, unique and valuable resource that fills a knowledge gap in the more advanced coach education. Angelique dares to challenge and go beyond tools and techniques because she understands the fundamentals of what underpins excellent coaching practice." --Rose Schofield "This is a timely and appropriate contribution to the developing literature on coaching. It is written in an accessible and engaging style and with a strong sense of the underpinning research which clearly guides the writing. I particularly enjoyed the social constructionist and critical arguments which influence this work. This work offers much to think about and Dr du Toit is to be congratulated." --Bob Garvey This book is both scholarly and accessible. The author does not flinch from addressing deep theory, and, at the same time, is grounded in well developed practice. This book is a steady launch pad for anyone wanting to move beyond techniques and models of coaching and enter into an exploration of the basis for practice. --David Megginson (09/26/2013) "A timely, unique and valuable resource that fills a knowledge gap in the more advanced coach education. Angelique dares to challenge and go beyond tools and techniques because she understands the fundamentals of what underpins excellent coaching practice." --Rose Schofield This book is both scholarly and accessible. The author does not flinch from addressing deep theory, and, at the same time, is grounded in well developed practice. This book is a steady launch pad for anyone wanting to move beyond techniques and models of coaching and enter into an exploration of the basis for practice. (David Megginson 2013-09-26) "A timely, unique and valuable resource that fills a knowledge gap in the more advanced coach education. Angelique dares to challenge and go beyond tools and techniques because she understands the fundamentals of what underpins excellent coaching practice." (Rose Schofield) "This is a timely and appropriate contribution to the developing literature on coaching. It is written in an accessible and engaging style and with a strong sense of the underpinning research which clearly guides the writing. I particularly enjoyed the social constructionist and critical arguments which influence this work. This work offers much to think about and Dr du Toit is to be congratulated." (Bob Garvey) About the Author Dr Angelique du Toit is an academic practitioner whose career combines academia as well as experience as an international manager. Angelique has also been an international executive coach for 16 years, supporting the leadership capacity and development of executives in both public and private organisations. She is on the preferred suppliers list as an Executive Coach for a number of organisations in the private sector as well as the NHS register for the purpose of developing the leadership capabilities of the Executive Boards. She has also been invited by the BBC as spokesperson in debates on coaching and is widely published in academic and non-academic literature and the author of a number of books. Angelique has also been a member of both the Executive as well as the Advisory Boards of the European and Mentoring Coaching Council (EMCC) for five years. She was also the Editor for the International Journal of Mentoring and Coaching published by the EMCC for three years and is on the Editorial Board of a number of International Journals. Her various roles have given her the opportunity to play a significant part in the emerging profession by influencing the setting of standards of coaching internationally.