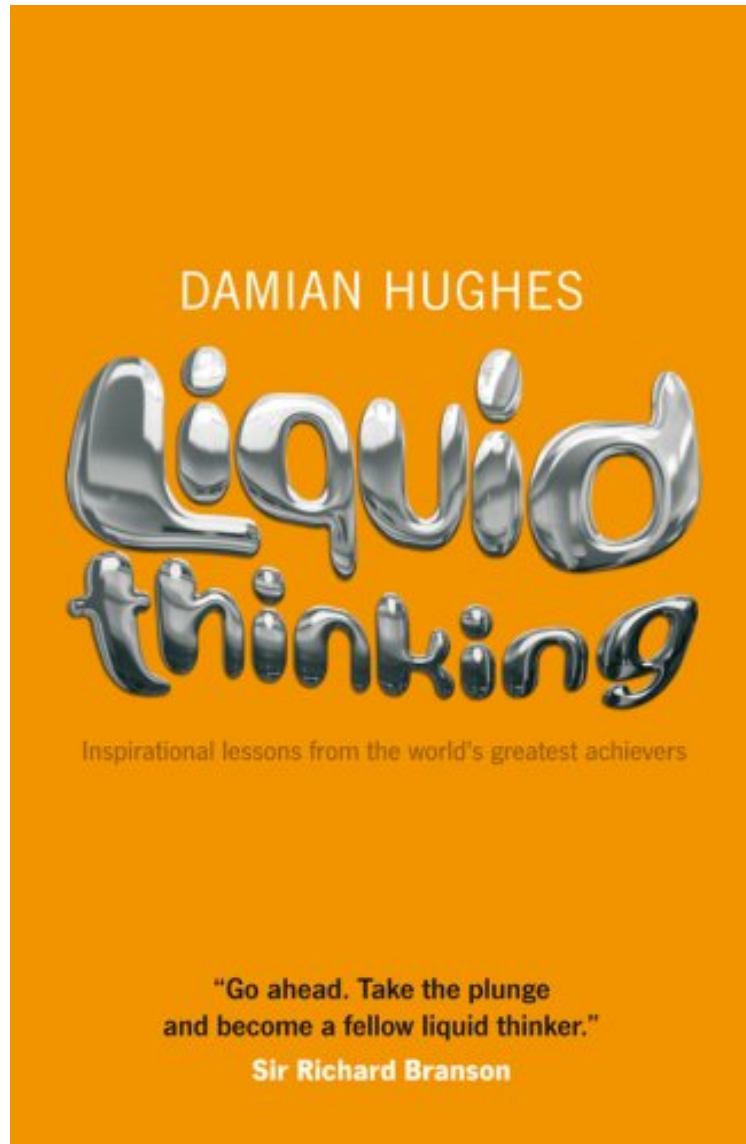


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# Liquid Thinking: Inspirational Lessons from the World's Great Achievers

*Damian Hughes*

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1 of 1 people found the following review helpful. A Step Above the Norm By Christopher C. Hall Let me start by saying that I don't believe in self help books or the usual corporate mind set lessons. As a result, I surprised myself as

to how useful this book was. I was given the book as a gift (as I said I don't normally read this sort of thing), and started reading this with a cynical view of the content. This was quickly dispelled, however, by the simple and direct nature of the observations and the everyday examples of how winners applied these approaches. In particular, the opening section on taking responsibility for your own actions and reverting your thinking that you "are the cause rather than the effect" is very powerful. It certainly changed my outlook as I started up a new business of my own. Very impressed and much more than you'd expect.

Stuck in a rut? Know what you want but don't know how to get it? Feel like life is passing you by? Sick of getting mediocre results? Then enter the wonderful world of Liquid Thinking... A practical, jargon-free and easily accessible self-help book drawing on a diverse range of experiences and containing digestible lessons and exercises used by sports captains, charity leaders and business leaders. It is the only self-help book which has ever been endorsed by Sir Richard Branson, Angelo Dundee, Muhammad Ali, and Jonny Wilkinson. It is a brave man who starts his book on self development by quoting Jerry Springer and discussing the literary merits of the Joy of Sex; however, this is Damian Hughes to a tee. Combining his own experiences as a Manchester United football coach, HR Director and youth club leader with exclusive insights from Sir Richard Branson, Angelo Dundee, Muhammad Ali and Jonny Wilkinson, Hughes will help you to step forward to achieve your own special hopes, dreams and ambition. The books have been credited with helping people build their own houses, fight cancer and run marathons, so come on and be a fellow Liquid Thinker!