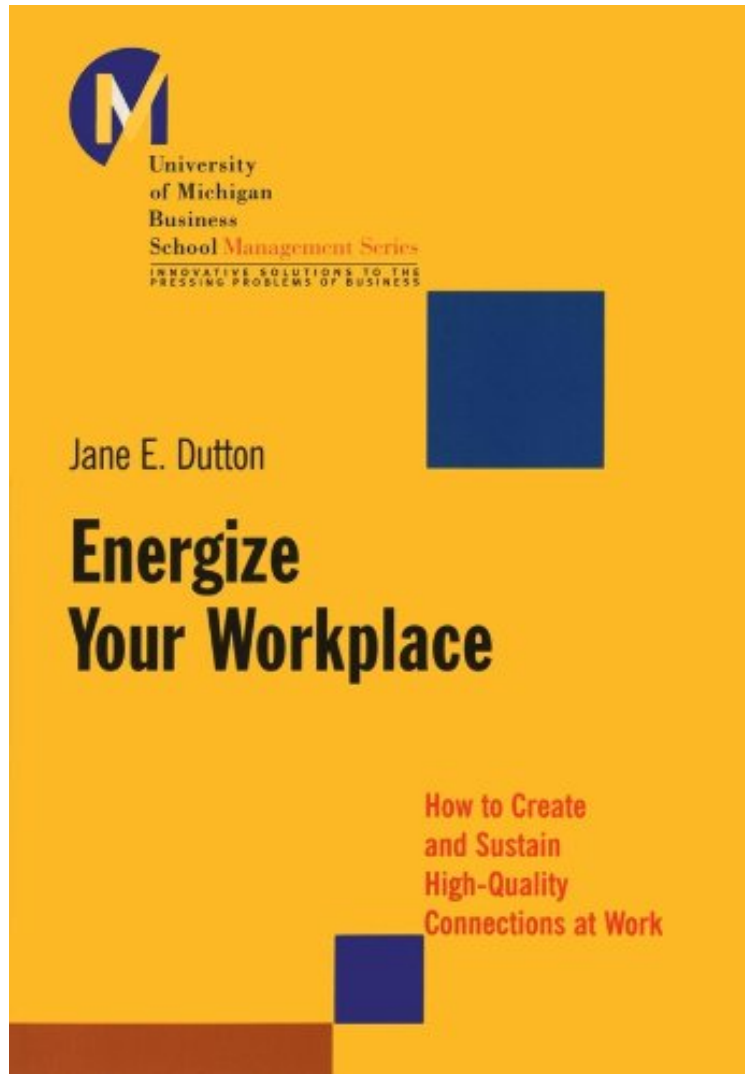


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Energize Your Workplace: How to Create and Sustain High-Quality Connections at Work (J-B-UMBS Series)

Jane E. Dutton

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Jane E. Dutton : Energize Your Workplace: How to Create and Sustain High-Quality Connections at Work (J-B-UMBS Series) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Energize Your Workplace: How to Create and Sustain High-Quality Connections at Work (J-B-UMBS Series):

0 of 0 people found the following review helpful. Energize Your LifeBy Mary Beth AverillDutton presents strategies for building positive connections at work that are easy to generalize to challenges in college and grad school and in our personal lives. I especially liked her chapters on Task Enabling and Corrosive Communications. This book is a must read for most of us.0 of 0 people found the following review helpful. Two StarsBy kimberly usseryNot any new

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Good book, worth a read

Corrosive work relationships are like black holes that swallow up energy that people need to do their jobs. In contrast, high-quality relationships generate and sustain energy, equipping people to do work and do it well. Grounded in solid research, this book uses energy as a measurement to describe the power of positive and negative connections in people's experience at work. Author Jane Dutton provides three pathways for turning negative connections into positive ones that create and sustain employee resilience and flexibility, facilitate the speed and quality of learning, and build individual commitment and cooperation. Through compelling and illustrative stories, *Energize Your Workplace* offers managers, executives, and human resource professionals the resources they need to build high-quality connections in the workplace.

Idquo;hellip; simple practical guide to communication in the work place, and the positive effects it can havehellip;rdquo; (M2 Best Books, May 2004)
From the Inside Flap
Corrosive work relationships are like black holes that swallow up energy that people need to do their jobs. In contrast, high-quality relationships generate and sustain energy, equipping people to do work and do it well. Grounded in solid research, this book uses energy as a measurement to describe the power of positive and negative connections in people's experience at work. Author Jane Dutton provides three pathways for turning negative connections into positive ones that create and sustain employee resilience and flexibility, facilitate the speed and quality of learning, and build individual commitment and cooperation. Through compelling and illustrative stories, *Energize Your Workplace* offers managers, executives, and human resource professionals the resources they need to build high-quality connections in the workplace.
From the Back Cover
"Distinguished psychologist Jane Dutton details the small acts of sensitivity to people that add up to big differences in morale and effectiveness. Managers seeking to improve their people skills need look no further than her helpful and practical book."mdash; Rosabeth Moss Kanter, professor, Harvard Business School, and author *Evolve!* and *World Class* "Dutton's useful and original book brings to life in lucid writing what winning organizations look like and how they got there." mdash; Warren Bennis, Distinguished Professor of Business, University of Southern California, and author, *On Becoming a Leader* and *Geeks and Geezers* "Jane Dutton speaks to everyone in the workplace, and especially to leaders, about practical ways to dramatically increase two vital resources: the energy and achievements of organizations and the dignity, competence, and contributions of individual members. I can't think of a single way to improve organizational effectiveness and individual's work lives that is more readily available (and more widely underutilized!) than people making more "high-quality connections," which is the theme of Dutton's book." mdash; B. Joseph White, managing director, Fred Alger Management, Inc., and former dean, University of Michigan Business School "Jane Dutton is superbly qualified to write this bookmdash; it reflects her deep knowledge of the subject and wisdom gleaned from her own special gift for building and sustaining high-quality relationships at work. Readers will find the book an informative, practical, and inspiring contribution to making life at work more energized, engaging, and effective." mdash; Peter J. C. Frost, Edgar F. Kaiser Professor of Organizational Behaviour, Faculty of Commerce, University of British Columbia, and author, *Toxic Emotions at Work*