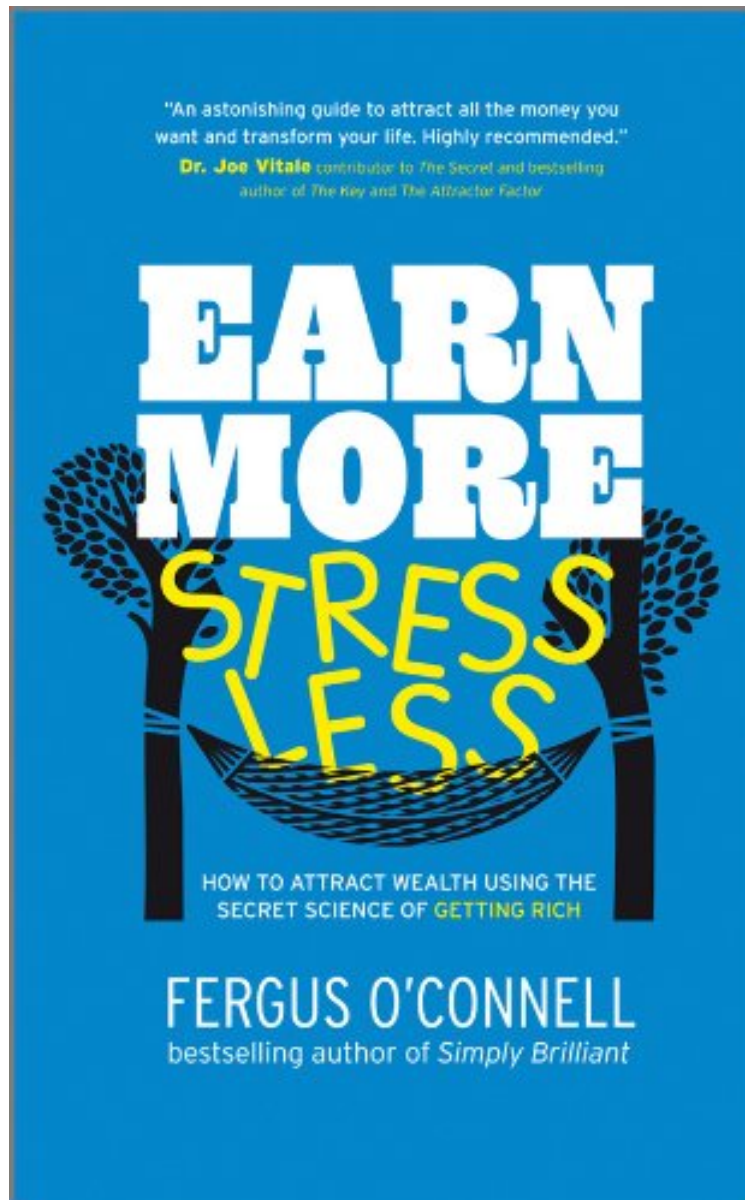


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# Earn More, Stress Less: How to attract wealth using the secret science of getting rich Your Practical Guide to Living the Law of Attraction

*Fergus O'Connell*

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3 of 3 people found the following review helpful. Earn More, Stress Less By Spider Monkey `Earn More, Stress Less' is a very readable book that utilises various techniques to help you focus your mind and efforts onto accumulating enough wealth to suit your own individual needs. It borrows very heavily from other authors and ideas and this was very reminiscent of Napoleon Hill (who wrote one of the worlds first motivational books `Think and Grow Rich') and had lots of things I have read in books about NLP and brain use techniques from Tony Buzan. This book focuses on three areas, deciding on how much you want, forming a plan to achieve your aim and belief, where you overcome doubt and worry. Each area is covered well and there are plenty of exercises for you to do that will focus your thoughts and ideas and help you push forwards and strengthen your resolve. There are also various charts and quotes to illustrate various points that are raised. There are three appendixes which cover his ideas of how science is linked into his theories, how to teach the ideas to children and a checklist of the exercises so that you can tick them off as you work your way through them. His science is a little spurious at times, for example at one point he applies Newtons third law of motion to emotions rather than for physics which it was originally applied to. This also gets slightly repetitive towards the end and he uses the same charts and phrases, but mainly to reiterate certain points. He also uses too many personal lists of things he is grateful for or personal diaries that don't actually teach us too much. They are a little self serving and one would have been enough to serve the point he was trying to make. These are the only things that detract from the book though and overall this offers up some sound advice , but like anything in life, this will only work if you relentlessly apply it. Feel free to check out my blog which can be found on my profile page. 3 of 4 people found the following review helpful. A Recession Bible for Entrepreneurs and Everybody else By Alex As always, clear, succinct and to the point. Fergus is master craftsman at bringing focus, clarity and simplicity to getting things done, the good news is that his new focus is how to make yourself financially successful....and it works.

If you heard there was a way to attract all the money you want, would you try it? It doesn't matter what's happened to you in the past or what your current situation is - you can live the life you want and never worry about money again. Earn More, Stress Less is your practical guide to living the law of attraction. It maps out a series of well-defined, realistic steps to help you get as much money as you want and put an end to financial worries. Successful people have been using these principles for hundreds of years. By following the powerful and eminently sensible steps outlined here, you can use the science of getting rich to realise your financial dreams too. You'll discover: A clear explanation of how the law of attraction works A way to decide exactly how much money you want Simple, clear actions to start attracting wealth Ways to stop worrying about money Easy steps to develop a daily routine to maintain your cash flow Examples, exercises, templates and how-to's Case studies of people who have used the Earn More, Stress Less method to great success Are you ready to give it a try? "An astonishing guide to attract all the money you want and transform your life. Highly recommended." Dr. Joe Vitale contributor to The Secret and bestselling author of The Key and The Attractor Factor.