

50 Races to Run Before You Die: The Essential Guide to 50 Epic Foot-Races Across the Globe

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Tobias Mews, James Cracknell : 50 Races to Run Before You Die: The Essential Guide to 50 Epic Foot-Races Across the Globe before purchasing it in order to gauge whether or not it would be worth my time, and all praised 50 Races to Run Before You Die: The Essential Guide to 50 Epic Foot-Races Across the Globe:

0 of 0 people found the following review helpful. Fun and entertaining book that inspires!By CustomerWhat a delightful and entertaining book! As a fan and participant in many fun endurance events I found Tobias's point of view both extremely funny and quite insightful. His approach to reviewing the great races chosen is sensible but also helps build the drama and 'epicness' of some of the latter events. What a fun read!0 of 0 people found the following review helpful. Inspiring!By Sander BoomMet the author during an Ultra run in Greece and decided to check out his book. An inspiring and honest account of a string of races, ranging from feasible to nearly impossible. Makes you feel like starting your own collection of races. Recommended!

50 Races to Run Before You Die is the essential guide to 50 of the best foot races across the globe. From iconic

half marathons and obstacle races, to prestigious marathons and brutal mountain contests, *50 Races to Run Before You Die* presents these epic challenges in all of their mud, sweat and glory. Including a range of events, from easy to expert, and travelling from Britain's highest peaks to the unforgiving Moroccan desert, this stunningly illustrated book is the essential guide for anyone who wants to test themselves by taking on some of the world's most celebrated and rewarding physical challenges.

'a must-read book'